

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00AM				Gracie Fundamentals		Gracie Fundamentals	
6:30AM				Reservations Required		Reservations Required	
7:00AM							
7:30AM							
8:00AM						Women's	Kickboxing
8:30AM						Self-Defense	
9:00AM							
9:30AM							
10:00AM						Kickboxing	
10:30AM							
11:00AM		Gracie Fundamentals	No-Gi Fundamentals	Gracie Fundamentals		Beginner's BJJ No-Gi	Kid's BJJ Muay Thai
11:30AM							
12:00PM		Positional Sparring	No-Gi Randori	Positional Sparring	HOLIDAY	Positional Sparring	OPEN MAT
12:30PM		& Drilling		& Drilling	OPEN MAT	& Drilling	
1:00PM							
1:30PM							
2:00PM							
2:30PM							
3:00PM							
3:30PM							
4:00PM							
4:30PM							
5:00PM		Teen's BJJ		Teen's BJJ Muay Thai			
5:30PM							
6:00PM		Gracie Fundamentals Muay Thai		Gracie Intermediate			

<b>6:30PM</b>							
<b>7:00PM</b>		<b>Gracie Advanced</b>		<b>Gracie Advanced</b>			
<b>7:30PM</b>							